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| C:\Users\StudentWelfare\AppData\Local\Microsoft\Windows\INetCache\Content.MSO\D879F913.tmp**​​EXECUTIVE REPORTS​**  **UL STUDENT LIFE EXECUTIVE 2023/24** | |
| **​​Role/Position:​ Deputy President Welfare Officer** |  |
| Author: Emily Rosenkranz |  |
| **Date:** | Week 5 11/10/2023 |

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| **Goals This Week** | | **Action Required?** |
| **Welfare Team** | Continue recruiting Welfare Team | Upload video and PVA hour opportunity to Instagram |
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| **Committee Meeting Updates** | | **Action Required?** |
|  |  |  |
| Students unwell before/after exams | Improvements for process to access relevant supports before/during exams | Several more meetings to attend to have this process improved before exams |
| Smoke and vape free campus | More quit support needed for students on campus |  |
| **Updates since Last Council** | | **Action Required?** |
| **Events** | Helped organise the Stress workshop with Jigsaw for World Mental Health Day in Student Life. Really great engagement and looking forward to our next workshop. | **n/a** |
| **Student Engagement** | The first Well-Fair took place in the courtyard with activations from Sexual Wellbeing, Public Health Midwest, GOSHH, Healthy UL, Goya Bowls and Lucozade Alert | **n/a** |
| **Media and Public Relations** | Cost of Living Coalition Pre-Budget Protest in Dublin with the student officers, PSU and a number of students. | **n/a** |
| **Upcoming Plans: What I Hope to Achieve** | | **Action** |
| Period Products | Streamline process for free period products within the university. | Discuss how we can improve availability with relevant stakeholders |
| Welfare Team | Recruit more members for the welfare team | Upload video and PVA hour opportunity on instagram |